Survey results, compiled by the American Institute of Architecture Students of people aging 16 - 68 years old, capturing the cross section of design education, healthy academic environments, and the welfare of architecture students. These results will help further understand Studio Culture in architecture schools across the country.

**What is your current enrollment status?**

- Full Time: 91%
- Part Time: 5%
- Not Enrolled: 4%

**Are you familiar with your school’s Studio Culture Policy?**

- Huh?: 21%
- Maybe...: 44%
- I’ve heard of it.: 20%
- Of course!: 15%

**Are you a member of the American Institute of Architecture students?**

- No: 58%
- Yes: 42%

**Specify your degree:**

- B.S. Arch: 55%
- B. Arch: 21%
- M. Arch: 4%
- D. Arch: 2%
- Other: 1%

**How would you rate your general stress level throughout the term?**

- Always: 89%
- Often: 31%
- Sometimes: 37%
- Rarely: 14%
- Never: 18%

**What are your major sources of stress? (All that applied were selected)**

- Competition/Reviews/Presentations: 75%
- Finances: 66%
- Workload/Deadlines: 66%
- Personal Health & Wellness: 28%
- Confidence in my Work: 18%
- Studio Environment: 14%
- Faculty: 14%
- Other: 14%

**Have you ever considered quitting architecture school?**

- Yes: 50%
- No: 50%

**How often do you skip meals during the school year? (Intentionally or unintentionally)**

- Regularly: 45%
- Occasionally: 22%
- Rarely: 8%
- Never: 25%
- These meals are mostly unhealthy: 36%
- These meals are mostly balanced and nutritious: 45%

**Which words best describe your experience of architectural education?**

- Transformative: 43%
- Disheartening: 25%
- Inspiring: 17%
- Tiring: 17%
- Empowering: 14%
- Challenging: 13%
- Intimidating: 13%