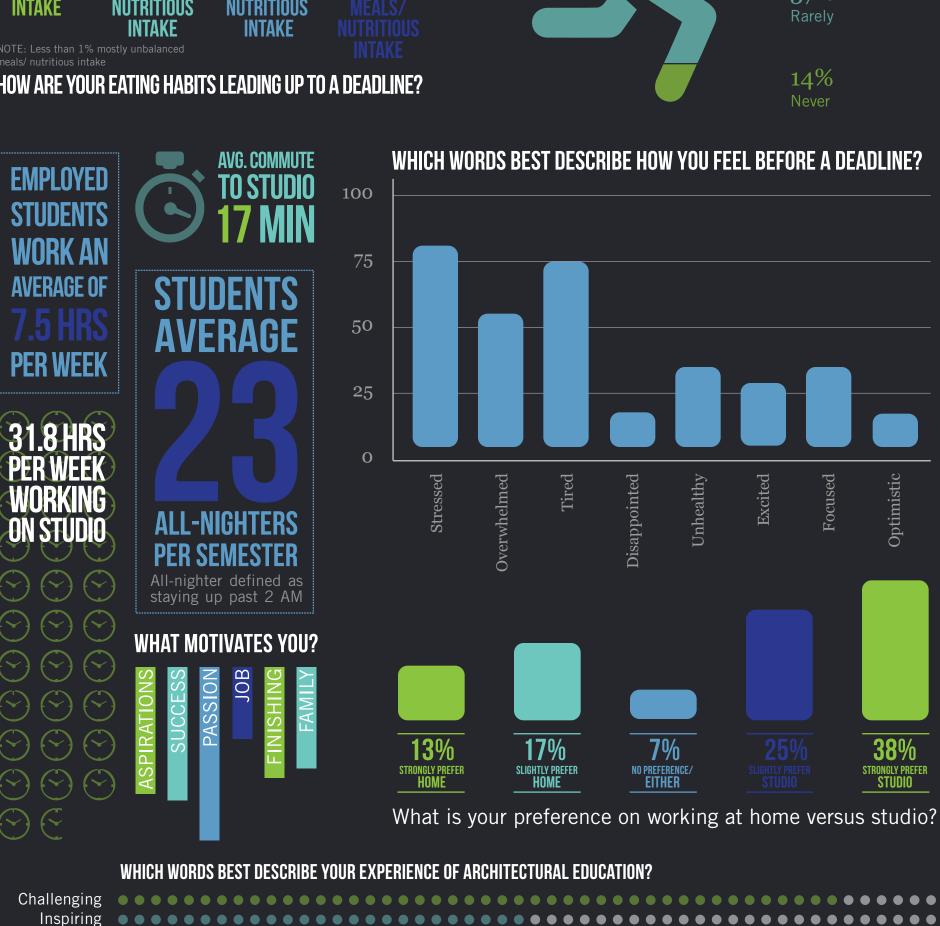
STUDIO CULTURE: Survey results, complied by the American Institute of Architecture Students of people aging 16 - 68 years old, capturing the cross section of design **PEOPLE** education, healthy academic environments, and the welfare of architecture students. These results will help further understand Studio Culture in architecture schools across the country. **RESULTS SUMMER 2015** 4% **SCHOOLS** 91% **SPECIFY YOUR DEGREE:** BS Arch B Arch 5% Part M Arch D Arch Other WHAT IS YOUR CURRENT ENROLLMENT STATUS? ARE YOU A MEMBER OF THE AMERICAN INSTITUTE OF ARCHITECTURE STUDENTS? How would you rate your general stress YES level throughout the term? Never Rarely Sometimes Always ARE YOU FAMILIAR WITH YOUR SCHOOL'S STUDIO CULTURE POLICY? Often 21% 21%Huh? Maybe... I've heard of it. Of course! WHAT ARE YOUR MAJOR SOURCES OF STRESS? (ALL THAT APPLIED WERE SELECTED) 89% 73% %02 Personal Confidence Reviews/ Workload/ Studio Other Competition Finances Lack of Faculty Presentations Sleep Deadlines Health & In my Work Environment Wellness **HOW OFTEN DO YOU SKIP MEALS** Have you ever considered 50% quitting architecture school? **DURING THE SCHOOL YEAR?** (INTENTIONALLY OR UNINTENTIONALLY) YES NO Daily Occasionally **50**% **5**% 20% Rarely Never How often do you engage in regular physical activity during the school year? 45% 31% 36% 14% SNACKS/ UNHEALTHY NO FOOD/ **NUTRITIOUS MEALS/SOME** LITTLE 37% INTAKE **NUTRITIOUS NUTRITIOUS** INTAKE INTAKE 14% HOW ARE YOUR EATING HABITS LEADING UP TO A DEADLINE? Never WHICH WORDS BEST DESCRIBE HOW YOU FEEL BEFORE A DEADLINE? AVG. COMMUTE **EMPLOYED** 100 **STUDENTS** 75 **AVERAGE OF** 50 25 0



Tiring

Disheartening Transformative **Empowering** Intimidating